



Food & Nutrition Services

In addition to the hot entrees, grab & go deli sandwiches, PB&Js, and salads are available. Two additional specials are offered daily and may include these:

- Chicken Sandwiches
- House Made Pizzas

- Bosco Sticks w/Marinara
- Jumbo Pretzel w/Cheese
- Hamburgers
- Corn Dogs
- Chicken Tenders

Check your school's menu board for

Choice of fruit, vegetables, and milk offered with all entree options.

You need to take a FULL serving of fruit and/or vegetables to make your meal complete.

MENU SUBJECT TO CHANGE
Find Allergen and




Carbohydrate information at:

<https://www.u-46.org/Page/9190>
Menu Questions?

Contact Christine Cliff, U-46.org or (847)888-5000 x5034

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MARCH 2023 U-46 MIDDLE & HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MANGIA! MANGIA! 27 JUMBO CHEESE RAVIOLI WITH MARINARA OR MEATBALL SUB SANDWICH OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	THAT'S A WRAP 28 CHICKEN TENDERS OR PLANT BASED BUFFALO CHICKEN NUGGETS OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE - FRUIT	MAC MY DAY 1 MAC AND CHEESE WITH CHOICE OF TOPPINGS OR BREADED CHICKEN PATTY OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE- FRUIT	FROM THE GRILL 2 BEEF HOT DOG ON A BUN OR PIZZA CRUNCHERS OR NASHVILLE HOT DICED CHICKEN ON FLATBREAD HOUSE MADE PIZZA POTATOES MILK - JUICE - FRUIT	NO SCHOOL 3  INSTITUTE DAY
ZONED OUT 6 MEAT LOVERS OR CHEESE CALZONE WITH MARINARA OR SPICY CHICKEN PATTY OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	TASTE OF THE EAST 7 ORANGE CHICKEN WITH BROWN RICE OR PIZZA CRUNCHERS OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE - FRUIT	BREAKFAST FOR LUNCH 8 CHICKEN AND PANCAKES OR BOSCO STICKS WITH MARINARA OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT	WICH 'WICH 9 HOT HAM & CHEESE OR VEGGIE SANDWICH OR NASHVILLE CHICKEN PIECES OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE- FRUIT	ALL ABOUT THE CHEESE 10 MOZZARELLA STICKS WITH MARINARA OR GRILLED CHEESE SANDWICH OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT
FROM THE GRILL 13 HAMBURGER ON A BUN OR BLACK BEAN VEGGIE BURGER OR NASHVILLE CHICKEN PIECES OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	CHICK 'N DIP 14 ⁴ CHICKEN NUGGETS WITH CHOICE OF SAUCE OR GARLIC FRENCH BREAD PIZZA OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	PIZZA PIZZA 15 PULLED BBQ PORK ON A ROLL OR MINI CORN DOGS OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT	BRING ON THE HEAT 16 SPICY CHICKEN PATTY ON A BUN OR CHEESE QUESADILLA OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT	ST PATRICK'S DAY 17 LOADED NACHOS OR SALAD BOWL  OR  OR PIZZA CRUNCHERS OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE - FRUIT
MANGIA! MANGIA! 20 JUMBO CHEESE RAVIOLI OR BREADED CHICKEN PATTY OR HOT CHICKEN ON FLATBREAD HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	THAT'S A WRAP 21 CHICKEN TENDERS OR PLANT BASED BUFFALO NUGGETS WITH TORTILLA OR HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT	MAC MY DAY 22 MAC AND CHEESE WITH CHOICE OF TOPPINGS OR MINI CORN DOGS OR HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT	FROM THE GRILL 23 BEEF HOT DOG OR PIZZA CRUNCHERS OR NASHVILLE CHICKEN PIECES OR HOUSE MADE PIZZA POTATOES MILK - JUICE- FRUIT	SOUTH OF THE BORDER 24 CHICKEN FAJITAS WITH ROASTED PEPPERS & ONIONS OR BOSCO STICKS W/MARINARA OR HOUSE MADE PIZZA RANCHERO PINTO BEANS MILK - JUICE- FRUIT



DIG IN TO SCHOOL BREAKFAST

MARCH 6-10

DIG IN TO SCHOOL BREAKFAST